UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

February 7, 2020 Date of Report (Date of earliest event reported)

APPLife Digital Solutions, Inc. (Exact name of registrant as specified in its charter)

Nevada (State or other jurisdiction of Incorporation) 000-56144 (Commission File Number) 82-4868628 (IRS Employer Identification No.)

555 California St. Suite 4925 San Francisco, CA 94194 Phone: (415) 659-1564

(Address and Telephone Number of Registrant's Principal Executive Offices and Principal Place of Business)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

o Written communications pursuant to Rule 425 under the Securities Act

o Soliciting material pursuant to Rule 14a-12 under the Exchange Act

o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act

o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act

Item 8.01 Other Events.

On February 7, 2020, APPlife Digital Solutions Inc. (the "Company"), received notification from OTC Markets Group, Inc. that the Company's application to trade on the OTCQB tier of OTC Markets Group, Inc. has been approved. The Company will begin trading on the OTCQB tier on February 11, 2020 under its current ticker symbol "ALDS".

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Company has duly caused this Report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: February 10, 2020

APPLIFE DIGITAL SOLUTIONS, INC.

/s/ Matthew Reid Matthew Reid

Principal Executive Officer